

# The Complete Cups & Balls Michael Ammar Volume 1 - DVD

The DVD is absolutely perfect for learning the Cups & Balls. Get in the same precise looking for with just a single click, advance or retreat. Exam by frame, to see every subtlety and nuance. From holding blocks to sleight-of-hand, you'll be able to construct any type of routine you'd like! Plus these camera work from perfect angles showing the exact timing, techniques and instructions needed for confident performing.

## Volume One

Fundamental Drop  
Bull's-Eye  
The Super Simple Routine  
Fundamental Skills #1 - Pick-Up  
Methods of Holding Out  
Finger Flick  
Thumb Pick  
Crown Pick  
Bull's-Eye  
The Fake Transfer  
The Empty Cup  
Classic Pick  
The Simple Transfer  
The Simple Transfer  
Secretly Loading a Ball Into a Cup  
Finger Flick  
Over-the-Hand  
The Top Over Load  
Loading Through Cup  
The Top Pick  
Two Finger Load  
Single Loading Load  
The Two Finger Load Out and  
Single Loading Load  
Single Loading Load  
Load Finger Rotation Load  
Single Loading Load  
Fundamental Skills #2 - Tossing  
Finger the Load  
The Song, The Song Clip  
The Pick Method  
The Pick Method  
Cool Cup Move  
Emptying the Through Another  
Wash Through Cup  
Showing Ball Inside an Empty Cup  
Rolling a Cup  
Filling What's Through a Cup  
The Chuck Method  
The Method Move  
Click Move  
The Repetitive Count  
The Pick or What Move  
Catching From Move  
The Counting Move  
Fundamental Skills #3 Repeating  
Ball Load Routine  
Fundamental Skills #4: Miscellaneous  
The 4 Ball, 5 Cup, 1 Final Load Routine  
The Supergrip Routine